

## **Chiropractic Patients Are Healthier, Have Less Stress, And Enjoy Life More!**

Research is revealing what many chiropractic practice members have known for decades: they are healthier. 2,818 chiropractic patients filled out extensive surveys before beginning and during chiropractic care. Significant improvements in physical health and mental / emotional health were revealed. They also reported decreased stress and increased life enjoyment. The benefits became evident as early as 1 – 3 months under care and showed continuing improvement as long as patients stayed under care. There was no apparent plateau.

Hundreds of studies like the one above clearly demonstrate that a lifestyle including regular chiropractic check ups is an effective way to gain and maintain your maximum health potential.

While chiropractic is universally known to be effective treatment for back pain, patients know, and research supports the fact that better health is possible with chiropractic care. Chiropractors use spinal adjustments to remove a serious form of stress called “vertebral subluxation” that prevents you from functioning at your best. Subluxations can affect the nerves that regulate your immune system, digestive system, and excretory system, all your body systems. Because subluxations disrupt energy and interfere with communication between your nervous system, brain, and internal organs, they often cause serious long-term health problems.

For over a century people suffering from all kinds of conditions who were told to “live with it” have returned to health under chiropractic care. Don’t let subluxations ruin your health or that of your loved ones. Bring the family including children and their grandparents in for a check up today.

Chiropractic is safe effective health care for people of all ages.

Health is like happiness. It comes from within.